

Extended Hours Program**\$48**

Course #	Day	Date	Time	Age	Mtg.	Loc.
211.1.927	M-F	6/13-6/24	8-10am	5-11	10	LK
211.1.928	M-F	6/13-6/24	4-6pm	5-11	10	LK
211.1.929	M-F	6/27-7/8	8-10am	5-11	10	LK
211.1.930	M-F	6/27-7/8	10am-6pm	5-11	10	LK
211.1.931	M-F	7/11-7/22	8-10am	5-11	10	LK
211.1.932	M-F	7/11-7/22	4-6pm	5-11	10	LK
211.1.933	M-F	7/25-8/5	8-10am	5-11	10	LK
211.1.934	M-F	7/25-8/5	10am-6pm	5-11	10	LK
211.1.935	M-F	8/8-8/19	8-10am	5-11	10	LK
211.1.936	M-F	8/8-8/19	10am-6pm	5-11	10	LK

SPORTS CAMP**Summer Sports Camp****\$125**

Summer Sports Camps will run from June 13-August 19. Camp will be held at Hank Lopez Community Center. Each camp consists of five (5) two week sessions and will be held from 10am-4pm. Participants will receive a sports camp T-shirt and transportation to all field trips. Participants will have an opportunity to play a variety of outdoor sports. Activities include: roller hockey, basketball, flag football, and soccer. Your child will need to bring a bag lunch. All individuals registering for sports camp must have reached the minimum age specified on or before the first day of camp. This is a recreational program not licensed day care. Space is limited so please sign-up early. For more information call center at (408) 251-2850.

Course #	Day	Date	Time	Age	Mtg.	Loc.
211.1.937	M-F	6/13-6/24	10am-4pm	5-11	10	HL
211.1.938	M-F	6/27-7/8	10am-4pm	5-11	10	HL
211.1.939	M-F	7/11-7/22	10am-4pm	5-11	10	HL
211.1.940	M-F	7/25-8/5	10am-4pm	5-11	10	HL
211.1.941	M-F	8/8-8/19	10am-4pm	5-11	10	HL

Extended Hours Program**\$48**

Course #	Day	Date	Time	Age	Mtg.	Loc.
211.1.942	M-F	6/13-6/24	8-10am	5-11	10	HL
211.1.943	M-F	6/13-6/24	4-6pm	5-11	10	HL
211.1.944	M-F	6/27-7/8	8-10am	5-11	10	HL
211.1.945	M-F	6/27-7/8	10am-6pm	5-11	10	HL
211.1.946	M-F	7/11-7/22	8-10am	5-11	10	HL
211.1.947	M-F	7/11-7/22	4-6pm	5-11	10	HL
211.1.948	M-F	7/25-8/5	8-10am	5-11	10	HL
211.1.949	M-F	7/25-8/5	10-6pm	5-11	10	HL
211.1.950	M-F	8/8-8/19	8am-10am	5-11	10	HL
211.1.951	M-F	8/8-8/19	10am-6pm	5-11	10	HL

SENIOR PROGRAM

For more information on Hank Lopez Senior Center, see page 19.

Hoover Community Center**1677 Park Ave., San José 95126****Phone:** 408-292-5871**Fax:** 408-292-5831**Supervisor:** Carolyn Mosby**Email:** carolyn.mosby@sanjoseca.gov**Bus Lines:** 36, 62, 81

Types of Programs: Fee classes, community meeting rentals, special events, after school recreation and sports leagues.

ARTS & CRAFTS**Clay Sculpture****\$55**

This is a fun and messy class for children to explore the use of clay which will aid in the development of their fine motor skills. Bring an oversized shirt or apron to wear during class.

Instructor: Trace Elementary Art Teacher Reta Barnes-Mellberg.
No Class 7/4

Course#	Day	Date	Time	Age	Mtg.	Loc.
296.1.106	M	6/27-8/8	10:30am-12pm	6-10	6	HV

Drawing and Sketching**\$55**

This creative class explores a variety of drawing techniques. Students will work with graphite and colored pencils. All supplies will be provided.

Instructor: Barnes-Mellberg

Course#	Day	Date	Time	Age	Mtg.	Loc.
296.1.107	T	6/28-8/2	10:30am-12pm	6-10	6	HV

Recycle Art**\$55**

A new and creative art class where kids will make usable products for home, school, or office with materials that are normally thrown away. This class will inspire kids and their parents to see what a huge resource we have in recycled materials.

Instructor: Barnes-Mellberg

Course#	Day	Date	Time	Age	Mtg.	Loc.
296.1.108	W	6/29-8/3	10:30am-12pm	6-10	6	HV

Weaving Dreams – Textile Arts**\$55**

This innovative class will introduce your children to the fun and ancient art of textiles. Class will include weaving, crocheting, basic sewing skills, embroidery, quilting and much more! We will be weaving Sweet Dreams and teaching practical life skills.

Instructor: Trace Elementary Art Teacher Reta Barnes-Mellberg.

Course#	Day	Date	Time	Age	Mtg.	Loc.
296.1.105	Th	6/30-8/4	10:30am-12pm	7-12	6	HV

Hoover Community Center continues on the next page



DANCE

Ballet/Tap \$49

Beginning lessons for ballet/tap. Students must wear hard soled shoes and loose clothing or leotard. Parents are allowed to stay for the first 10 minutes of the first class day and for the class recital (date to be announced by instructor). Participants must be toilet trained.

Instructor: Dance Arts Academy

Course#	Day	Date	Time	Age	Mtg.	Loc.
296.1.205	T	6/28-8/16	3-3:55pm	3-6	8	HV
296.1.206	T	6/28-8/16	2-2:55pm	5-7	8	HV
296.1.207	T	6/28-8/16	1-1:55pm	8-11	8	HV

Bouncin' Babies \$74

An active class for all babies and parents. Shake, rattle and roll to exciting and lively music, use tambourines, shakers, drums and other fun instruments. The class will also have an emphasis on pre-walking and early walking skills.

No Class 7/4

Instructor: Dance Kids

Course#	Day	Date	Time	Age	Mtg.	Loc.
296.1.200	M	6/27-8/22	9:30-10:15am	10-18m	8	HV

Dancin' Boogie Babies \$74

Come have some serious fun with your little one and do the Boogie Woogie Bear! You and your baby will sing and dance to lively nursery songs and children's show tunes. Jump, run, hop and boogie away with hula hoops, dancing scarves, beanbags and more! Class will also include tumbling on mats with easy stretches and exercises to do with your baby.

No Class 7/4

Instructor: Dance Kids

Course#	Day	Date	Time	Age	Mtg.	Loc.
296.1.201	M	6/27-8/22	10:30-11:15am	19-30m	8	HV

Terrific Tots \$74

This is a creative, imaginative and serious fun class for toddlers and parents. Children will do what their bodies are meant to do: move and explore! Class includes activities such as singing and dancing to popular show tunes and pre-school songs. Everyone plays with hula hoops, balls, scarves and musical instruments. Come jump, run, hop and frolic around. Be a bird, butterfly, bunny or just be yourself and act funny.

No Class 7/4

Instructor: Dance Kids

Course#	Day	Date	Time	Age	Mtg.	Loc.
296.1.202	M	6/27-8/22	11:30am-12:15pm	2.5-3.5	8	HV

Hawaiian Dance \$49

Learn to dance and sway to authentic Hawaiian music and have lots of fun! The next time you travel to Hawaii or are just hanging around the pool you will be able to dance like a Hawaiian native.

Instructor: Dance Arts Academy

Course#	Day	Date	Time	Age	Mtg.	Loc.
296.1.215	W	6/29-8/17	12:30-1:25pm	6-10	8	HV

Jazz/Hip-Hop Dance \$49

Explore beginner jazz/hip hop dance, music and culture through regular practice of various routines and dance techniques. Develop coordination skills, interpersonal skills, and overcome performance anxiety...and of course have fun doing it.

Instructor: Dance Arts Academy

Course#	Day	Date	Time	Age	Mtg.	Loc.
296.1.210	W	6/29-8/17	10:30-11:25am	3-6	8	HV
296.1.211	W	6/29-8/17	11:30-12:25pm	6-8	8	HV
296.1.212	W	6/29-8/17	1:30-2:25pm	9+	8	HV

MUSIC/THEATER ARTS

Art Adventures \$91

A favorite for pre-schoolers, this class blends creative drama, dance, music and visual art for a one-of-a-kind program. Children explore the various fields of art with costumes, props, music, arts and crafts and lots of imagination.

Instructor: C.L.A.P.

Course#	Day	Date	Time	Age	Mtg.	Loc.
296.1.401	T	6/28-8/16	10-10:45am	2-4*	8	HV
296.1.402	T	6/28-8/16	10:45-11:30am	3-5	8	HV

**Parent participation is required for class# 401.*

Fairy Tale Theatre \$35

Enjoy a new fairy tale each week! Hear the story and then act it out through the magic of creative drama.

Instructor: Theatre Staff

Class#	Day	Date	Time	Age	Mtg.	Loc.
296.1.444	W	8/3-8/24	10-11am	3-5	4	HV

Beginning Guitar \$57

Have you ever wanted to play the guitar like the musicians in your favorite bands? This is your opportunity to learn! This is an intro course into learning to play the guitar. The class will include note recognition, finger placements, tuning, and basic music structure. Students must provide their own guitar. No electric guitars please.

Instructor: Camp Carter, Inc.

Course#	Day	Date	Time	Age	Mtg.	Loc.
296.1.420	T	6/28-8/16	5-5:50pm	12-15	8	HV

Puppet Workshop \$35

An introduction to puppetry. Make your own puppets and then put them on stage. Parents are welcome to stay.

Instructor: Theatre Staff

Course#	Day	Date	Time	Age	Mtg.	Loc.
296.1.445	W	8/3-8/24	11am-12pm	3-5	4	HV

Por información en español, llamada 408-277-4000

Piano Keyboard - Level 1 **\$74**

A class in basic piano skills and music reading. Principles of rhythm, melody, harmony and ear training are taught with the aid of tonally accurate portable keyboards provided by the instructor. Participants will enjoy this individual approach. Access to a piano or keyboard is recommended. A \$7.50 music book fee, payable to the instructor will be collected at the first class. Students must bring their own set of headphones. Level 2- Student has completed Level 1.

Instructor: Noteworthy

Class#	Day	Date	Time	Age	Mtg.	Loc.
296.1.410	W	6/29-8/17	2-2:45pm	6-7	8	HV
296.1.411	W	6/29-8/17	2:50-3:35pm	8-11	8	HV
296.1.412	W	6/29-8/17	5:20-6:05pm	11+	8	HV

Piano Keyboard - Level 2 **\$74**

Class#	Day	Date	Time	Age	Mtg.	Loc.
296.1.413	W	6/29-8/17	3:40-4:25pm	6-11	8	HV
296.1.414	W	6/29-8/17	4:30-5:15pm	6-11	8	HV

SPECIALTY CLASSES**Kids Cooking** **\$53**

This class teaches girls and boys basic cooking skills from preparing an afternoon snack to preparing an entire meal. Kids will not only prepare snacks and meals each week but will eat their creations. Students will receive recipes that they can take home and experiment on their family. Cost of food is included in the price of class.

Instructor: Barnes-Mellberg

Class#	Day	Date	Time	Age	Mtg.	Loc.
296.1.622	Th	6/30-8/4	12:30-2pm	7-12	6	HV

Mental Math **\$60**

Students enhance their Mental Math skills through Power Math. Using the Abacus, they will understand arithmetic better and learn to solve math equations quickly. A \$20 cash fee is payable to the instructor for workbook and abacus at the first class meeting.

Instructor: Liu

Class#	Day	Date	Time	Age	Mtg.	Loc.
296.1.604	Th	6/30-8/18	4-4:45pm	5-9	8	HV

SPORTS & FITNESS**Cheerleading** **\$71**

Children learn cheerleading moves, routines and cheers. This class helps children gain self-esteem while having fun learning. This class is designed to teach beginners the basics and improve the skills of those more advanced. By the end of the session the children will be ready for an in class cheerleading competition with their peers. Pom Poms are available for purchase from the instructor. Uniforms are also available for purchase but are not required.

Instructor: KidSafe

Course#	Day	Date	Time	Age	Mtg.	Loc.
296.1.502	W	6/29-8/31	6:30-7:10pm	5-7	10	HV
296.1.503	W	6/29-8/31	7:15-7:55pm	8-13	10	HV

Floor Gymnastics **\$49**

Come join this fun and active class! Students learn basic front and back rolls, somersaults, headstands, and more! Fitness warm-ups and exercises to music are included.

Instructor: Dance Arts Academy

Course#	Day	Date	Time	Age	Mtg.	Loc.
296.1.540	Th	6/30-8/18	12:30-1:25pm	5-7	8	HV
296.1.541	Th	6/30-8/18	1:30-2:25pm	8-10	8	HV

Kinder-Gymnastics **\$49**

Designed to teach basic gymnastic skills, including movement exploration, balance, and coordination. Parents may attend a 10 minute overview at the first class meeting and a performance at the last class meeting only.

Instructor: Dance Arts Academy

Course#	Day	Date	Time	Age	Mtg.	Loc.
296.1.545	Th	6/30-8/18	11:30am-12:25pm	3-6	8	HV

*Hoover Community Center continues on the next page***Theatre Camp Summer 2005**

A dynamic four week theatre experience including improvisation theatre games, crafts and culminating in the presentation of an original play. Theatre Camp is held at Bramhall Park, which is located on Willow Street between Lincoln and Meridian Aves. Mail in registration form, located in the back of this brochure, to the Hoover Community Center.

WHO: Boys and Girls 7 years of age and older

WHEN: Begins Tuesday, July 5 and ends Friday, July 29th

TIME: 10am-3pm, Monday through Friday

COST: \$175 per child for the entire four weeks - includes all supplies and theatre t-shirt.

For more information please call the Hoover Community Center at 408-292-5871.



SPECIALTY CLASSES

Mommy/Daddy & Me Soccer \$74

Introduce yourself and your toddler to the "World's Most Popular Game"! As you and your child participate in our fun, age appropriate activities, your child will be developing their large motor and socialization skills. A variety of activities designed around the game of soccer will be played each week. The fun happens on the field, so in Mommy/Daddy & Me Soccer, you won't have to watch from the sidelines. Rainout Hotline 1-800-399-8111.

Instructor: Kidz Love Soccer

Course#	Day	Date	Time	Age	Mtg.	Loc.
296.1.567	T	6/28-8/16	11-11:30am	2-3.5	8	RG
296.1.568	T	6/28-8/16	11:30am-12pm	2-3.5	8	RG

Parent/Child Self-Defense \$75

A good physical contact activity for a parent and child to do together. Parents will need to work with children both in and out of class. Class is co-ed and fee includes one child and one adult. Additional children in the same immediate family may also register with the same parent for \$20.00 more.

No Class 7/4

Instructor: Martinez

Course#	Day	Date	Time	Age	Mtg.	Loc.
296.1.519	M	6/27-8/22	5:30-6:30pm	5+	8	HV

Parent Toddler Gymnastics \$49

This is a parent participation class where the parent can work with their child to stimulate development through music, games and body awareness. Only registered participants are allowed in class.

Instructor: Dance Arts Academy

Course#	Day	Date	Time	Age	Mtg.	Loc.
296.1.546	Th	6/30-8/18	10:30-11:25am	22-36m	8	HV

SPORTS & FITNESS

Self-Defense - Beginning \$71

Children learn self-defense and safety awareness in a fun and safe environment. Classes are tailored to each age group according to physical, mental, and emotional ability. Children are taught both verbal and physical skills involved in self-defense. Emphasis is placed on increasing the student's awareness of potentially dangerous situations.

Instructor: KidSafe

Course#	Day	Date	Time	Age	Mtg.	Loc.
296.1.510	W	6/29-8/31	6:30-7:10pm	5-13	10	HV

Self-Defense - Yellow Belt \$71

Instructor: KidSafe

Course#	Day	Date	Time	Age	Mtg.	Loc.
296.1.511	W	6/29-8/31	7:15-7:55pm	5-13	10	HV

Self-Defense \$68

Learn self protection, correct grips, block parries, and break falls. Develop physical fitness, self confidence, and discipline. Karate uniforms or Gis are recommended but not required, and may be purchased for \$25-\$45 from any martial arts studio. No fee-based belt testing is offered in this class.

Instructor: Martinez

Course#	Day	Date	Time	Age	Mtg.	Loc.
296.1.516	Th	6/30-8/18	5-6pm	5-13	8	HV

Self-Defense - Teen \$68

Teens can learn self-defense and safety awareness in a fun and safe environment. Emphasis will be placed on increasing teen's awareness of potentially dangerous situations.

No Class 7/4

Instructor: Martinez

Course#	Day	Date	Time	Age	Mtg.	Loc.
296.1.518	M	6/27-8/22	4:30-5:30pm	12-17	8	HV

Kidz Love Soccer \$74

Kidz Love Soccer is a non-competitive environment for children to learn and play the world's most popular sport. Each session includes age specific warm-ups, demonstrations, thematic progressions and recreational games. Classes are co-ed and every participant will have a ball at their feet! Shin guards are required after the first class meeting. **Tot Soccer: 3 1/2- 4 years** - Encourages motor skills and introduces small children to the game setting. **Pre-Soccer: 4 -5 years** - Teaches the basic techniques of the game and builds self-esteem through participation and fun soccer activities. **Soccer 1: 5-6 years** - Teaches the basic technique of soccer for beginners, dribbling, passing, receiving and shooting. **Soccer 2: 7-8 years**: Same as Soccer 1, also introduces team tactics. **Soccer 3: 9-12 years**: Same as Soccer 1 and 2, but also introduces advanced soccer techniques and tactics. Rainout Hotline 1-800-399-8111. **Location:** River Glen Park

Instructor: Kidz Love Soccer

Course#	Day	Date	Time	Age	Mtg.	Loc.
296.1.560	Th	6/30-8/18	9:30-10am	3.5-4	8	RG
296.1.561	Th	6/30-8/18	10-10:35am	4-5	8	RG
296.1.562	Th	6/30-8/18	2:45-3:20pm	4-5	8	RG
296.1.563	Th	6/30-8/18	3:20-4:05pm	5-6	8	RG
296.1.564	Th	6/30-8/18	4:05-4:50pm	7-8	8	RG
296.1.565	Th	6/30-8/18	4:05-5:05pm	9-12	8	RG
296.1.566	Th	6/30-8/18	5:05-5:35pm	3.5-4	8	RG

Strong Neighborhoods Mission:

To build clean, safe and attractive neighborhoods with strong, independent and capable neighborhood organizations.

Por información en español, llamada 408-277-4000

Tennis - Beginning**\$55**

Introduction to basic strokes, including forehand, backhand, overhead serve (lob and net), racquet size purchase guidelines, court etiquette and score keeping. Doubles and singles strategies are taught. Wear court sneakers. Students provide their own racquet and one unopened can of tennis balls. **Location:** River Glen Park.

Instructor: Staff

Course#	Day	Date	Time	Age	Mtg.	Loc.
296.1.530	MWF	6/27-7/11	9-10am	6-8	6	RG
296.1.531	MWF	6/27-7/11	10-11am	9-12	6	RG
296.1.532	MWF	7/18-7/29	9-10am	6-8	6	RG
296.1.533	MWF	7/18-7/29	10-11am	9-12	6	RG

CAMPS**Summer Soccer Camp - Half Day****\$78**

Participants will learn the basic and advanced techniques of soccer and compete in an age appropriate "world cup" tournament. Dribbling, passing, receiving and shooting will be presented to 8 year old and younger players; advanced dribbling moves, tactical team aspects (i.e. possession, combination play), attacking the goal as a unit will be taught to players 9 years and above. Please bring full water bottle and a snack. Participants must wear shin guards. Soccer shoes and sunscreen are recommended. Each child will receive a soccer ball and summer camp t-shirt.

Instructor: Kidz Love Soccer

Course#	Day	Date	Time	Age	Mtg.	Loc.
296.1.570	M-F	7/25-7/29	9-10:30am	5-6	5	RG
296.1.571	M-F	8/8-8/12	9-10:30am	5-6	5	RG

\$98

Course#	Day	Date	Time	Age	Mtg.	Loc.
296.1.572	M-F	7/25-7/29	9am-12pm	7-8	5	RG
296.1.573	M-F	8/8-8/12	9am-12pm	7-8	5	RG
296.1.574	M-F	7/25-7/29	9am-12pm	9-12	5	RG
296.1.575	M-F	8/8-8/12	9am-12pm	9-12	5	RG

Summer Soccer Camp - All Day**\$172**

Participants play soccer in the morning, and enjoy a variety of afternoon activities that may include water play, soccer earth ball (48" high), soccer videos and table top soccer games. Children will learn about other children around the world through the game of soccer. A full soccer match will be played as the last event of each day. Please bring a full water bottle, a bag lunch, a swimsuit for water play and a beach towel. Participants must wear shin guards. Soccer shoes and sunscreen are recommended. Each child will receive a soccer ball and summer camp t-shirt.

Instructor: Kidz Love Soccer

Course#	Day	Date	Time	Age	Mtg.	Loc.
296.1.576	M-F	7/25-7/29	9am-4pm	5-12	5	RG
296.1.577	M-F	8/8-8/12	9am-4pm	5-12	5	RG

SKYHAWKS CAMPS**Skyhawks Sports Camps**

All Skyhawks Sports programs are skill-building programs. Participants begin each morning by developing fundamental skills tailored to each sport. Participants apply skills learned during games, fun activities and small team scrimmages while being carefully Supervised by the instructors. If you would like further information, please contact Skyhawks at www.skyhawks.com or call 1-800-804-3509. You can register online on the Skyhawks web site or at the Hoover Community Center.

Participants need to wear or bring the following: (please label all belongings with name and phone number)

- T-shirt/shorts/sweats/socks (appropriate clothing)
- Baseball Glove (for Baseball sports)
- Sunscreen & Water Bottle
- Shin Guards (required for Soccer and recommended for Mini-Hawks)
- Lunch (for camps over four hours)
- Two Snacks (for camps three hours or less)
- Mouthpiece (Flag Football Camp)
- Shoes (sneakers are fine)

Baseball Camp**\$131**

Players will learn the skills required for success in youth baseball. Older players use hard bats and balls. Younger players use safety bats and balls to help strengthen the spirit and pace of the game, while maintaining safety. Participant to coach ratio is approximately 10:1. **Location:** Camp will be held at Bramhall Park.

Course#	Day	Date	Time	Age	Mtg.	Loc.
296.1.550	M-F	8/1-8/5	9am-3pm	6-12	5	BH

Flag Football Camp**\$110**

Participating in Skyhawk's football program is a great way to introduce young athletes to this popular sport rich in tradition. Players learn catching, passing, and blocking, as well as the rules of the game and the strategies of offense and defense. Participant to coach ratio is approximately 14:1. **Location:** Camp will be held at River Glen Park.

Course#	Day	Date	Time	Age	Mtg.	Loc.
296.1.551	M-F	7/18-7/22	9am-12pm	7-14	5	RG

Mini-Hawk Camp**\$110**

An introductory program for younger children, Mini-Hawks helps children explore three different sports: soccer, baseball and basketball. This program is designed to teach the fundamentals of three different sports in an enriching and enjoyable atmosphere. Our Mini-Hawk coaching staff is trained to meet the special needs of young athletes. Participant to coach ratio is approximately 8:1. **Location:** Camp will be held at River Glen Park.

Course#	Day	Date	Time	Age	Mtg.	Loc.
296.1.552	M-F	6/20-6/24	9am-12pm	4-7	5	RG

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SKYHAWKS CAMPS

Soccer Camp **\$131**

Players learn the fundamental skills in soccer and experience the excitement of Playing the game. Skills, exercises, games and scrimmages are utilized to teach passing, dribbling, shooting, and offensive and defensive techniques of the world's most popular sport. Participant to coach ration is 14:1. **Location:** Camp will be held at Bramhall Park.

Course#	Day	Date	Time	Age	Mtg.	Loc.
296.1.553	M-F	6/27-7/1	9am-3pm	6-14	5	BH

Tennis Camp **\$110**

Tennis Camp focuses on the fundamental skills needed to participate in this lifelong sport. Participants learn the proper techniques of grip, footwork, groundstrokes, volleys, serves and the rules and etiquette of the game. Students must provide their own tennis racket. Participant to coach ratio is approximately 8:1. (We utilize one court for eight players) **Location:** Camp will be held at Bramhall Park.

Course#	Day	Date	Time	Age	Mtg.	Loc.
296.1.554	M-F	7/25-7/29	9am-12pm	7-14	5	BH

ADULT CLASSES

Aerobic Kickboxing **\$57**

The hottest aerobic workout in existence today! This class works the whole body while at the same time teaches practical self-defense techniques. Learn a variety of blocks, kicks, and punches, burn calories and have a blast. Wear loose fitting clothing.

No Class 7/4 *Instructor: Camp Carter*

Course#	Day	Date	Time	Age	Mtg.	Loc.
296.1.705	M	6/27-8/22	7:30-8:20pm	16+	8	HV

Beginning Guitar **\$57**

Have you ever wanted to play the guitar like musicians in your favorite bands? This is your opportunity to learn! This is an intro class into learning to play the guitar. The class will include note recognition, finger placements, tuning, and basic music structure. Students must provide their own guitar. No Electric guitars please.

Instructor: Camp Carter, Inc

Course#	Day	Date	Time	Age	Mtg.	Loc.
296.1.740	T	6/28-8/16	6-6:50pm	16+	8	HV

Pilates **\$57**

Increase your strength, flexibility, inner balance and vitality by participating in this class designed to reconnect you to your true self. This class will focus on relieving tension in the back, neck, shoulders, and hips through breathing techniques and relaxation.

Instructor: Camp Carter

Course#	Day	Date	Time	Age	Mtg.	Loc.
296.1.707	T	6/28-8/16	7-7:50pm	16+	8	HV

Salsa Dancing **\$57**

Salsa is the hottest Latin dance in the nightclubs today. Join this high energy class, socialize and have lots of fun. All the basics will be covered: salsa rhythm, footwork, leading, following, patterns, shine steps, and pattern combinations. Come as a couple or alone, we will change partners at times.

No Class 7/4

Instructor: Camp Carter

Course#	Day	Date	Time	Age	Mtg.	Loc.
296.1.708	M	6/27-8/22	6:30-7:20pm	16+	8	HV

Self-Defense for Women **\$68**

Women will learn self-defense and safety awareness in a fun and safe environment. Classes are tailored to each group according to physical, mental, and emotional ability and will teach both verbal and physical skills involved in self-defense. Emphasis is placed on increasing the student's awareness of potentially dangerous situations.

No Class 7/4

Instructor: Martinez

Course#	Day	Date	Time	Age	Mtg.	Loc.
296.1.710	M	6/27-8/22	6:30-7:30pm	14+	8	HV

Spanish **\$57**

A class designed to gain the basic knowledge of the Spanish language. This course is a great opportunity for you to learn the foundation of the language. It is a fast and easy way to learn Spanish along with some culture and history.

No Class 7/4

Instructor: Camp Carter

Course#	Day	Date	Time	Age	Mtg.	Loc.
296.1.750	M	6/27-8/22	5:30-6:20pm	16+	8	HV

Step Aerobics **\$57**

Take a step towards improving your cardiovascular level and get into shape with this aerobics class. This is a basic step aerobic class that enhances moves with the use of a step that can be set to your desired height.

No Class 7/4

Instructor: Camp Carter, Inc.

Course#	Day	Date	Time	Age	Mtg.	Loc.
296.1.709	M	6/27-8/22	5:30-6:20pm	16+	8	HV

“Si necesita asistencia para traducir el Guía de Actividades de la ciudad de San José por favor llama la línea de información al (408) 277-4000”

Visit us on the web at www.sanjoseca.gov/prns or
email us at PRNSinfo@sanjoseca.gov

Tennis - Beg/Intermediate**\$65**

Introduction to basic strokes, including forehand, backhand, overhead serve racquet size purchase guidelines, court etiquette and score keeping. Doubles and singles strategies are taught. Wear court sneakers. Students provide their own racquet and one unopened can of tennis balls. **Location:** River Glen Park.

Instructor: Westergren

Course#	Day	Date	Time	Age	Mtg.	Loc.
296.1.720	W	6/29-8/17	10-11am	18+	8	RG
296.1.721	Th	6/30-8/18	10-11am	18+	8	RG

Yoga**\$70**

Increase your strength, flexibility, inner balance and vitality by participating in this class designed to reconnect you to your true self. This class will focus on relieving tension in the back, neck, shoulders and hips thru breathing techniques and relaxation. Additionally, special attention will be paid to proper alignment to enhance energy flow and posture.

Instructor: Jindia

Course#	Day	Date	Time	Age	Mtg.	Loc.
296.1.702	W	6/29-8/17	9:30-10:30am	18+	8	HV
296.1.703	Th	6/30-8/18	6:30-7:30pm	16+	8	HV

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NTI-DISCRIMINATION POLICY

It is the City of San José's policy to afford all persons equal opportunity by prohibiting discrimination in City's programs against any person on the basis of race, sex, color, age, religion, sexual orientation, actual or perceived gender identity, disability, ethnicity, or national origin. It is the City's policy/goal to expand opportunities for people with disabilities to participate in City services, programs and facilities.

Would you like the
Citywide
Activity Guide
mailed to
your home?

The subscription fee
for 1-year delivery is \$10.
Sign up on the registration form.

**Houge Park Center****Twilight Dr. @ White Oaks, San José****Phone:** 408-369-1850**Supervisor:** Gerard Manuel**Email:** gerard.manuel@sanjoseca.gov**Bus Lines:** 62 via Bascom Ave.**Types of Programs:** Fee class, youth center, and senior drop-in programs.**Mail Reg to:** 3369 Union Ave., SJ 95124 or fax to: 408-559-1203**ARTS & CRAFTS****Art at the Park*****\$65**

Come play and make new friends! Join us for a fun-filled hour of art, crafts, music, and movement. This parent/child class emphasizes creativity and pre-socialization skills. Each class ends with circle time activities. Parent participation is mandatory. Food is provided for any cooking project.

Instructor: Rivera

Course#	Day	Date	Time	Age	Mtg.	Loc.
297.1.105	W	6/29-8/3	9:30-10:30am	18-36m	6	HO
297.1.106	W	6/29-8/3	10:45-11:45am	18-36m	6	HO

Class also offered at Kirk Community Center (pg 116).*SPORTS & FITNESS****Cheerleading****\$74**

Hip Hop Hooray! Now this is something to cheer about! Has your child ever wanted to play with Pom-Poms and wish they were a cheerleader? Their dreams can now be a reality! Come learn the latest moves, routines and cheers that will help win any game, Go Team Go! This class is designed to help build self esteem and coordination. Come join this serious fun class and learn a really cool DanceKids Cheer! (Students need to wear comfortable workout clothes – socks and sneakers required.) Parents may stay for first and last classes only.

*No Class 7/4**Instructor: DanceKids*

Course#	Day	Date	Time	Age	Mtg.	Loc.
297.1.501	M	6/27-8/22	5-5:45pm	5-7	8	HO
297.1.502	M	4/11-6/6	6-6:45pm	8-13	8	HO

The date, time, and location of activities published are correct at the time of publication. Due to unforeseen circumstances, the information published may change.